

## **Transforming Adult and Older Peoples' Mental Health Services in Harrogate and Rural District**

### **1. Purpose**

The purpose of this paper is:

To use the detail contained within the document: '*Transforming Adult and Older Peoples' Mental Health Services in Harrogate and Rural District – a case for change*' that can be found at <http://www.harrogateandruraldistrictccg.nhs.uk/6-december-2018/6-december-2018-item-84-mental-health-transformation/> to seek a view from North Yorkshire County Council Health Overview and Scrutiny Committee on the process we have undertaken to date to develop the preferred solution and seek support to proceed to further conversations with stakeholders and the public on the single preferred solution identified.

### **2. Background**

Since July 2017, Tees Esk and Wear Valley NHS Foundation Trust (TEWV) and Harrogate and Rural District Clinical Commissioning Group (HaRD CCG) have worked together to develop a range of solutions to ensure that we are able to offer good quality, clinically safe and effective mental health specialist services that are affordable and financially sustainable in the longer term.

We know that with the rising prevalence of mental ill health and the associated health needs, services cannot continue to be delivered in their current form. We also know that the current inpatient facilities that serve Harrogate and Rural District do not adequately meet the privacy and dignity needs of our patients.

We now have a unique opportunity to improve the responsiveness of services we provide for our local people while remaining true to the principle of providing care and support close to people's homes, enabling them to remain at home as long as possible and continuing to put quality of care, patient and carer experience and patient safety at the heart of what we do.

With the help of our patients, their families and carers, our staff and our partners we have identified some of the main issues and priorities for specialist mental health services provided for patients in Harrogate and Rural District.

The paper sets out the case for change to transform the way in which mental health services for adults and older people in the Harrogate and Rural District are provided.

Yorkshire and Humber Clinical Senate completed their review of the Harrogate and Rural District mental health transformation proposals and fully support the proposed solution and made a number of recommendations that have been included in the business case.

The business case was supported by NHS England as part of the service change assurance process in a meeting on the 6th November 2018.

In reaching this preferred solution the Harrogate and Rural District CCG (HaRD CCG), Tees, Esk and Wear Valleys NHS Foundation Trust and stakeholders have explored a range of other options and have come to the conclusion that only one solution is viable if we are to maximise patient safety and patient experience whilst remaining true to our desire to provide care as close to home as possible, ensuring that we commission services that focus on prevention, early intervention and recovery and deliver these within a sustainable financial model.

In the following narrative, we will set out the case for change for transforming the way in which mental health services for adults and older people in the Harrogate and Rural District are provided. The narrative describes the solution proposed and outlines our wish to work with local service users, their carers and families and our clinical staff to further develop and implement it.

### 3. Update on work undertaken to date

Using the information we received in the pre engagement and engagement phase of this project we developed a range of possible solutions that described ways in which we could develop safe and sustainable services into the future for our local population. We have worked through the range of potential solutions to identify those that best meet the four locally identified essential criteria that have underpinned this work, to ensure:

- Services are designed around effective clinical pathways
- People are cared for as close to home as possible
- Care is delivered in a way that supports recovery and builds resilience
- Services are both clinically and financially sustainable for the future

Within the development of these solutions, we have considered the wider needs of people who experience mental health problems, for example those with long term conditions, learning disabilities and dementia, frailty and social isolation. We have thought about how we ensure that physical and mental health needs are met together. We have also looked at how the solution can support wider work to prevent mental illness, intervene early when further support is needed and ensure easy access to a responsive specialist community service.

The solutions that we developed for further consideration are:

- Solution 1: Do Nothing.
- Solution 2a: Build new like for like inpatient unit as a stand-alone mental health acute assessment and treatment facility in Harrogate.
- Solution 2b: Build a new hospital that provides full EMSA\* and privacy and dignity standards on the Cardale Park site.
- Solution 3: Invest in extended community services through a reduction in inpatient beds and re-provide inpatient care from a specialist facility elsewhere in the TEWV.

\* EMSA – eliminating mixed sex accommodation

The detail of these can be found in the Case for Change document

<http://www.harrogateandruraldistrictccg.nhs.uk/6-december-2018/6-december-2018-item-84-mental-health-transformation/>

Through this lengthy process of solution development, it became clear that there was only one viable solution that could meet the essential criteria and provide an effective response to what the engagement process told us was important to members of our community.

By implementing this solution we are able to:

- Improve specialist mental health services delivered to people in Harrogate and the surrounding areas
- Increase capacity in community teams to allow them to support joint working with other teams such as Local Authority and voluntary sector staff and primary care
- Develop state of the art in-patient facilities
- With the Local Authority look at providing a step and step down care for people with dementia
- Provide an alternative place of safety within Harrogate to support people in a crisis

#### **4. Next Steps**

On 6<sup>th</sup> December 2018 the CCG Governing Body met to consider approval of the Case for Change and noted that as increased investment for an enhanced community service became fully operational, specialist inpatient bed utilisation would need to be measured and monitored to accurately predict the specialist inpatient bed requirements for the population of Harrogate and Rural District. The Governing Body were also provided with assurance that the specialist inpatient bed provision would meet the requirements of the strategic case for change solution and be provided in a new purpose built inpatient facility.

The Governing Body approved the recommendation to proceed with implementation of Solution 3 and to work in partnership with TEWV to carry out further consultation with the public, service users, their families and carers and clinicians.

An engagement strategy is now being developed to outline how over the next 12 weeks we will engage and co-produce the next stage of the work with service users, their families and carers, members of the public, clinical staff and other key stakeholders.

Governing Body, TEWV Trust Board and Overview and Scrutiny committee will continue to receive updates as this work progresses.

In April 2019 TEWV Trust Board and HaRD CCG Governing Body will receive a report on the findings following the 12 weeks period of consultation and a proposal which will include a detailed implementation plan to progress with the recommended changes.

#### **5. Recommendations**

In progressing the development of the ongoing consultation with patients, their families and carers, our staff and our partners this report seeks the insight and observations of Health Overview and Scrutiny Committee and invites them to consider and comment on the information contained in the Case for Change.

**Joanne Crewe**  
**Director of Quality and Governance**  
**December 2018**