

North Yorkshire Health and Wellbeing Board

**Minutes of the meeting held on Friday 21 July 2017 at
Ryedale District Council, Ryedale House, Malton**

Present:-

Board Members	Constituent Organisation
County Councillors	
County Councillor Michael Harrison (Chairman)	North Yorkshire County Council Executive Member for Adult Social Care and Health Integration
County Councillor Caroline Dickinson	North Yorkshire County Council Executive Member for Public Health and Prevention
County Councillor Janet Sanderson	North Yorkshire County Council Executive Member for Children and Young People's Service
Elected Member District Council Representative	
Richard Foster	Leader, Craven District Council
Local Authority Officers	
Richard Webb	North Yorkshire County Council Corporate Director – Health and Adult Services
Stuart Carlton	North Yorkshire County Council Corporate Director - Children and Young People's Service
Tony Clark (substituting for Janet Waggott)	Chief Officer, District Council Representative
Dr Lincoln Sargeant	North Yorkshire County Council Director of Public Health
Clinical Commissioning Groups	
Sue Pitkethly (substituting for Colin Renwick)	Airedale, Wharfedale and Craven CCG
Janet Probert	Hambleton, Richmondshire and Whitby CCG
Amanda Bloor	Harrogate and Rural District CCG
Phil Mettam	Vale of York CCG
Other Members	
Shaun Jones	NHS England, North Yorkshire and Humber Area Team
Nigel Ayre (substituting for Judith Bromfield)	Healthwatch, North Yorkshire
Alex Bird	Voluntary Sector (North Yorkshire and York Forum)
Co-opted Members	
Tim Cate (substituting for Colin Martin)	Mental Health Trust Representative (Tees, Esk and Wear Valleys NHS Foundation Trust)
Dr Ros Tolcher	Acute Hospital Representative

In Attendance:-

Emily Capsitck, Eden Shackleton and Jazz Parkinson (in connection with Minute No. 10)

North Yorkshire County Council Officers:

Avril Hunter, Michaela Pinchard, Michael Rudd and Louise Wallace (Health and Adult Services), Angela Blyszko, Kevin Jeffrey and Emma Lonsdale (Children and Young People's Services), Patrick Duffy (Legal and Democratic Services), Stephanie Haworth and Sally Lacy (Business Support)

Copies of all documents considered are in the Minute Book

1. Apologies for Absence

Apologies for absence were submitted by:

- Judith Bromfield, Interim Chair, Healthwatch
- Simon Cox, Chief Officer, Scarborough and Ryedale CCG
- Richard Flinton, Chief Executive, North Yorkshire County Council
- Colin Martin, Chief Executive, TEWV NHS Foundation Trust
- Colin Renwick, Executive GP, Airedale, Wharfedale and Craven CCG
- Janet Waggott, Chief Executive, Selby District Council

2. Welcome by the Chair and Introductions

The Chair welcomed people to the meeting and, in particular, Councillor Caroline Dickinson, Sue Pitkethly, Tim Cate, Tony Clark, and Stuart Carlton, who were attending their first meeting of the Board.

This was also the Chair's first meeting of the Board and stressed that he had no set view as to how this Forum should operate. He would welcome views from partners as to how they would like the Board to function.

3. Minutes

Resolved -

That the Minutes of the meeting held on 17 March 2017 be approved as an accurate record.

4. Election of Vice Chair

On being proposed and seconded, it was

Resolved -

That Amanda Bloor be elected as Vice-Chair of the Health and Wellbeing Board, to serve until further notice.

5. Review of actions taken at the last meeting

Considered -

The report of the Assistant Chief Executive (Legal and Democratic Services).

The representative of the Assistant Chief Executive (Legal and Democratic Services) confirmed that all of the actions had been implemented or were in the process of being.

Resolved -

That the report be noted.

6. Declarations of Interest

There were no declarations of interest.

7. Public Questions of Statements

There were no questions or statements from members of the public.

8. Membership

For the benefit of newly-appointed Members of the Board, the representative of the Assistant Chief Executive (Legal and Democratic Services) advised that the names of Board Members, together with the organisation or sector that they represent, is included with the Agenda for each meeting.

NOTED.

9. Terms of Reference

Considered -

The report of the Assistant Chief Executive (Legal and Democratic Services) suggesting minor amendments to the Board's Terms of Reference.

The representative of the Assistant Chief Executive (Legal and Democratic Services) advised that the Terms of Reference were last considered two years ago. They were, for the most part, still fit for purpose. A number of changes were proposed, however, including:-

- In Section 2, Key responsibilities, it was felt that reference to the Board's role on integration should be strengthened, so the wording proposed as the Board's first key responsibility was "to support and have oversight of and actively promote programmes on integration and joint working"
- In Section 4, Conduct and Meetings of the Board, the recent decision of Members that they would wish to hold informal private discussions, as well as formal public meetings and to reduce the number of Development Sessions per year from two to one, was reflected in paragraph 4.1.

A number of Members felt that references to "health and social care commissioners" should be widened to reflect the new commissioning landscape. Something like "commissioners and providers of health and social care services" would be more appropriate.

Resolved -

That the Constitution Working Party be recommended to approve the changes to the Board's Terms of Reference, as set out in the report and, also, references to "health and social care commissioners" being changed to "commissioners and providers of health and social care services".

10. Mental Health Strategy 2015/16/2020 (Hope, Control and Choice) - Annual Update

Considered -

The report of the Corporate Director, Health and Adult Services, providing an update on progress with the delivery of the North Yorkshire Mental Health Strategy 2015-2020 "Hope, Control and Choice" during 2016-17 to date. Key achievements of the Strategy so far were detailed within the report, along with plans for delivery and further development work during 2017-18.

Kathy Clark, Assistant Director of Commissioning, presented the report and pointed out that reference had not been included to changes that were happening to the estates of Hospitals. The report focussed on specific commitments but officers were aware of proposals at York, Harrogate and Northallerton, which would provide an opportunity to look at developing new fit for purpose facilities.

Kathy Clark stressed the importance of getting mental health work right with young people, as this would help set them up for the rest of their lives. She outlined the work of the North Yorkshire Youth Executive.

Three Members of the Developing Resilience Task Group of the North Yorkshire Youth Executive, made a presentation to the Board about mental health issues faced by young people:-

- Emily Capsitck, Chair of the North Yorkshire Youth Executive
- Eden Maia Shackleton, Member of the Youth Parliament
- Jazz Parkinson, Member of the North Yorkshire Youth Executive

Jazz Parkinson outlined his story. Jazz felt that support must begin in schools to build trust and instil the need for on-going care – not last minute support.

Eden Maia Shackleton felt it was important that young people should be trained to become ambassadors on mental health issues to avoid the possibility of them feeling intimidated by adults. This should become embedded in all schools and Personal, Health, Social and Economic (PHSE) Education included in lessons.

Collaboration between agencies would enable young people to access information they required and to have a distinct pathway. A recent survey undertaken by the North Yorkshire Youth Executive had found that 46% of young people would not have known where to go for help if they were experiencing mental health issues.

Emily Capsitck informed Members that the Youth Executive would be looking to evaluate how schools performed in relation to helping pupils with mental health issues and present good schools a letterhead award to help embed and spread good practice.

Emily also referred to the Youth Voice Executive Mental Health Manifesto. The acronym ACT, from the Manifesto, denoted:-

- *Awareness* – a caring culture, strong PHSE delivery, built in self-evaluation, the good cop, bad cop model;
- *Communication* – sharing of resources and best practices; relationships across the public and private divide to provide expert advice; and
- *Training* - based in schools that was confidential, pupil led and adaptable

Members were impressed by the points made by the Members of the North Yorkshire Youth Executive and their passion.

Louise Wallace, Assistant Director, Health and Integration, asked whether they felt that the approach should cover all school age children and if they had given any thought to how to increase awareness of these issues amongst parents and guardians. Emily Capsitck replied that the approach should be tailored according to age. Parent confidentiality was key. It would be good to have some Guidelines and possibly an Approved Charities List that could be utilised.

Stuart Carlton, Corporate Director, Children and Young people's Service, said he would welcome the opportunity to have further discussions with the North Yorkshire

Youth Executive about this and asked whether any on-line counselling was available. Jazz Parkinson responded that Child Line was available, but this was blocked by the majority of schools.

Councillor Sanderson, Executive Member for Children and Young People's Services, asked how the North Yorkshire Youth Executive saw this work being developed in schools, whilst maintaining the privacy of the individuals concerned. Jazz Parkinson advised that some schools have an email service which avoids the need for a pupil to walk out of a lesson. Eden Maia Shackleton added that peer support was available as well as a mentor/pastor.

Janet Probert, Chief Officer at Hambleton, Richmondshire and Whitby CCG, referred to the variations in service and asked whether there were any exemplars that could be held up. Emily Capsitck said that there were. This enabled parents to see where good support was being provided.

Jazz Parkinson felt that funding needs to be looked at as resources were an issue.

Alex Bird, Chief Executive Officer at Age UK, North Yorkshire, commented that this was a great example of inter-generational work and how the Board could learn from the experiences of young people.

Richard Webb, Corporate Director of Health and Adult Services, felt that Communications Teams might be able to work with the North Yorkshire Youth Executive to raise awareness of these issues.

Tim Cate, Associate Director of Psychology and Allied Health Professions at Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust, added that TEWV would be happy to help on evaluation.

Kathy Clark informed Members that the Care Quality Commission would be undertaking a Thematic Review of Children's Services and would be visiting the Authority on 18th September 2017. This would not be an Inspection. The information gained would be used to inform a Green Paper on Mental Health.

Amanda Bloor, Chief Officer at Harrogate and Rural District CCG, advised that engagement was taking place on a Strategy that would provide an opportunity for state of the art mental health facilities for the benefit of people in Harrogate and wider North Yorkshire.

Alex Bird asked whether social prescribing was being picked up, as Models still tended to be medical in nature. Lincoln Sargeant, Director of Public Health, advised that the Healthy Child Programme was undertaking a lot of front line work. On occasions people were presenting with issues that were not diagnosable. This made it difficult to spread awareness. Vicky Waterson, Health Improvement Manager, was the key contact in his Department on this matter.

Tim Cate advised that in North Yorkshire targets were being met for Improving Access to Psychological Therapies.

The Chair, on behalf of the Board, thanked Emily, Eden and Jazz for their excellent presentation and for responding to Members questions.

Resolved -

That the key messages from the presentation be taken back to the Joint Commissioning Group, including the offer from Health and Adult Services that the County Council's Communications Team could liaise with Emily, Eden and Jazz to

publicise information and the offer from TEWV NHS Foundation Trust to assist with evaluation work.

11. Dementia Strategy “Bring Me Sunshine” - Living Well with Dementia in North Yorkshire

Considered -

The report of the Corporate Director, Health and Adult Services presenting the final draft for approval, after formal consultation, of “Bring Me Sunshine” which outlined the themes and actions for Health and Wellbeing Board Members to support people living with dementia and their carers from 2017-2022.

The report was presented by Mike Rudd, Head of Commissioning for Older People’s Services who made the following points, in particular:-

- The formal consultation had been very successful, concentrating on “softer” conversations.
- No significant changes had been required to be made as a result of the consultation. This assured officers that they were heading in the right direction on the Strategy.
- One addition, as a result of the consultation, was the inclusion of reference to LGBT. This was an emerging area of practice that was now referred to in the main body of the Strategy. This will be monitored and recommendations brought forward, as required.
- Ryedale Youth Theatre had been identified to work with dementia groups to raise awareness.
- The key question/test for a Strategy such as this was “So what” – or rather “What difference has it made?” Instead of implementation being led centrally by the County Council or its partners, Local Delivery Teams will identify priorities as key for their locality and progress against these will be reported to this Board.

Councillor Janet Sanderson pointed out that there was no reference to dementia friends in Ryedale.

Kathy Clark advised that the Strategy would be launched jointly with the Carers Strategy (please see Minute No. 12, below).

Resolved -

- a) The Strategy be approved for launch in October 2017, save for:
 - minor presentational changes; and
 - the inclusion of reference to dementia friends in Ryedale
- b) That an annual progress update be made, with effect from October 2018.

12. Carers Strategy 2017-2022: Supporting the Health and Wellbeing of Carers in North Yorkshire

Considered -

The report of the Corporate Director, Health and Adult Services, presenting the final draft for approval, after formal consultation, of “Caring for Carers” which outlined the

themes and actions for Health and Wellbeing Members to support unpaid carers of all ages from 2017-2022.

Avril Hunter, Commissioning Manager, informed Members that responses to the formal consultation had been positive, although there were some comments about the level of detail. This would be addressed in partners' Implementation Plans.

Also, as a result of comments from parent carers of disabled children, some amendments had been made.

In response to a question from Councillor Janet Sanderson, it was confirmed that consultation with the parents of disabled children had taken place through NYPACT.

Resolved -

- a) That the final draft of the Strategy be approved for launch in October 2017, subject to minor presentational changes.
- b) That an annual progress update on implementing the Strategy be provided with effect from October 2018.

13. Better Care Fund: Better Care Fund Plan - Update and Integrated Better Care Fund (IBCF)

Considered inter-related reports by Michaela Pinchard, Head of Integration, which:

- provided the Board with an update on the 2017-19 Integration and Better Care Fund Policy and Planning Requirements and progress towards developing the 2017-19 North Yorkshire Integration and Better Care Fund (BCF) Plan. (A draft timeline for submission and assurance of the plan was appended to the report); and
- presented the final draft proposals for the Improved BCF monies announced in the 2015 spending review and, in particular, the additional funding announced in the spring budget.

Michaela Pinchard highlighted the following aspects in particular in respect of *the BCF 2017/19*:-

- The reports had been circulated late as a result of the National Guidance having only recently been published following some last minute changes.
- There had been a reduction in the number of national conditions from eight to four.
- A key change was that there would now just be one submission.
- The Disabled Facilities Grant would continue to be allocated through the BCF.
- The Local Government Association had not signed up to the late changes to the Guidance and did not, therefore, endorse the final planning requirements. It would, however, continue to be part of the assurance process.
- The deadline for submission of the BCF Plan was 11th September and the intention was to seek approval of the Board to the Plan at its next meeting on 6th September.

In respect of the *Improved BCF*, Michaela Pinchard highlighted the following:-

- Additional funding for social care – the Improved BCF, amounting to £2 billion nationally, had been announced by the Government as part of the spring budget. North Yorkshire’s share of this amounted to £19 million over three years.
- The monies had to be used for:-
 - meeting social care needs.
 - reducing pressures on the NHS, including supporting more people to be discharged from Hospital when they are ready; and
 - ensuring that the local social care market is supported
- Each Local Authority has to set a target for reducing social care attributed Delayed Transfers of Care (DToC) in 2017/18, as part of BCF Planning, with a provisional target to be submitted to NHS England by today.

Richard Webb said that, in terms of delivery, he was mindful of the role played by a range of providers, including A&E Boards. He and Kathy Clark acknowledged the helpful contribution to the process from colleagues in Health.

The Chair referred to the fact that the funding was non-recurrent. This would require a conversation about what to do at the end of the funding period. The County Council recognised that this exposed it to a degree of risk.

Amanda Bloor, Chief Officer, Harrogate and Rural District CCG, stressed the importance of partners having confidence in this. Partners need to be confident they could deliver the initiatives proposed, but ensure that this enabled investment to meet place-based delivery.

Shaun Jones, Head of Assurance and Delivery at NHS England (Yorkshire and The Humber), apologised for the delays in the publication of the Guidance and the tight timescales.

Members discussed whether or not to submit a provisional target in relation to reducing DToC. Richard Webb felt that the reduction envisaged in the level of delays attributable to social care between now and September was unrealistic.

Phil Mettam, Chief Officer, Vale of York CCG, thanked Kathy Clark for the work she had done in engaging with CCG partners, including the A&E Boards. He felt that the Health and Wellbeing Board should be wary of submitting a DToC target at this stage. Janet Probert agreed.

Sue Pitkethly, Chief Operating Officer at Airedale, Wharfedale and Craven CCG advised that the CCG had confirmed its figures for submitting.

Shaun Jones advised that, in the circumstances and reflecting the complexity of the North Yorkshire context, it might be in the interests of the Health and Wellbeing Board to not submit by the national deadline and, instead, take a more considered and pragmatic approach with all partners, thereby avoiding the potential of setting an unrealistic target, just so the national deadline is met.

The Chair asked that Members of the Board be kept apprised of developments between meetings.

Resolved

BCF Update

- a) That the key changes to the policy framework and planning requirements be noted.

- b) That the progress and support for the approach to developing the 2017-19 North Yorkshire Integration and Better Care Fund Plan be noted.
- c) That the co-operation between partners in developing the Plan so far be noted.
- d) That the final draft of the North Yorkshire Integration and Better Care Fund Plan be presented to the meeting of the Board on 6 September 2017.

Improved BCF

- e) That no target be submitted at this stage in relation to proposed DToC metric, as the expectation that delays attributable to social care at a national level will reduce from 5.6 people delayed in hospital per 100,000 adults, to 2.6, by September 2017, with similar reductions applied to NHS attributable delays, is unrealistic.
- f) That the level of engagement with and co-operation between partners in developing the proposals be noted.
- g) That the final draft proposals for spending the additional IBCF funding, announced in the spring budget and as set out at Annexe 1, be supported.

14. Health and Wellbeing Board - Rolling Work Programme/Calendar of Meetings 2017/18

Considered -

The Work Programme/Calendar of meetings for 2017/18.

The Chair pointed out that Better Care Fund needed to be included as an Item for the next meeting of the Board on 6th September 2017. He also confirmed that the date of 24th November, which had been scheduled as a Board Meeting, would now be used as a Development Session, with the venue to be confirmed. (NOTE: Venue subsequently confirmed as The Evolution Centre, Northallerton).

Resolved -

That the Work Programme/Calendar of Meetings be noted.

The meeting concluded at 12.15 p.m.

PD