



Partnership Commissioning Unit

Commissioning services on behalf of:
 NHS Hambleton, Richmondshire and Whitby CCG
 NHS Harrogate and Rural District CCG
 NHS Scarborough and Ryedale CCG
 NHS Vale of York CCG

HEALTH AND WELL-BEING BOARD

30 SEPTEMBER 2015

Report Title:	<i>Future in Mind</i> : transforming support for Children and Young People's Mental Health and Well-being
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1. PURPOSE

The purpose of the report is to provide the Health and Well-Being Board with:

- An outline of *Future in Mind*
- A summary of the work undertaken to develop the Transformation Plan, including engagement with key partners
- The project timetable, and to seek delegated authority from the Board to sign off the Transformation Plans within the prescribed timeframe

2. INTRODUCTION

Future in Mind sets out a strong national vision and ambition for the delivery of mental health support for children and young people by 2020. 49 recommendations grouped into 5 themes set the direction, away from the existing health-led 4 tier structure to a model that clusters services around the child or young person, and emphasises prevention, and early support. The delivery mechanism will be a Transformation Plan, monitored by NHS England and the local Health and Well-Being Boards, to which is attached £1.3 million annually for 5 years to 2020 across North Yorkshire and York. Funding is on a Clinical Commissioning Group (CCG) footprint. The CCGs in North Yorkshire are: Harrogate and Rural District; Hambleton Richmondshire and Whitby; Scarborough and Ryedale, Vale of York, Airedale Wharfedale and Craven and NHS Cumbria. These last two have only a small

footprint in the County, but are involved in developing the Transformation Plan through their representation on the lead Commissioning Forum established to develop and oversee the Plan process. The Plan is led in behalf of the 4 largest CCGs by the Partnership Commissioning Unit, working with Local Authority colleagues.

3. FUTURE IN MIND

The report is produced jointly by the Departments of Health and Education. It sets out the national ambition for mental health services for children and young people, and makes 49 recommendations for achieving that ambition

The **national ambition** is:

1. Children and young people will grow up confident and resilient so they can achieve their goals and ambitions
2. When children and young people need help they can find it easily, and be able to trust it
3. Help for children and young people will meet their needs as individuals and be delivered by people who care about what happens to that child
4. Children and young people are experts in their own care and will be involved in how mental health services are developed and delivered

To make the vision happen, there are **5 delivery themes**:

1. Promote resilience, prevention and early intervention
2. Improve access to effective support – a system without tiers
3. Care for the most vulnerable
4. Accountability and transparency
5. A well- developed workforce

On 3 August 2015 NHS England announced 3 priority areas for further potential investment and/or improved delivery in addition to the 5 themes outlined above:

1. Community Eating Disorder Service: this encompasses all support other than inpatient treatment, ranging from basic advice and information through to specialist clinic based therapies. It is proposed there will be £384k pa across all 4 CCGs until 2020 to support this service.
2. Complete the national roll-out of psychological therapies for children and young people (IAPT); these are therapies such as cognitive behaviour therapy, which have a strong track record in helping people to recover from or manage mental illness. All North Yorkshire CCGs are signed up to IAPT, and it is expected that the area will be fully covered by IAPT services by 2018.
3. Strengthen peri-natal mental healthcare: the subject area covers maternity care through to Health Visiting support, and separate guidance will be published about the expected standards and potential additional funding.

4. DEVELOPING THE TRANSFORMATION PLAN

The national ambition requires local leadership and ownership: all CCGs are required to publish a Transformation Plan to articulate the local offer. These Plans will cover the whole spectrum of services for children and young peoples' mental health and well-being, from health promotion and prevention work to support and interventions for those with existing or emerging health problem, or are transitioning between services.

The Plan will reflect the national ambition and be decided at a local level in collaboration with children, young people and their families and with providers and commissioners.

Locally, work began on the Plan as soon as *Future in Mind* was published:

- Development of a Lead Commissioning Forum to oversee the project comprising the Partnership Commissioning Unit on behalf of the CCGs, North Yorkshire County Council, City of York Council, East riding of Yorkshire County Council and Public Health
- Review of applicable strategies across all agencies to align with and build on current strategies for emotional and mental health
- Conversations with partner agencies, including service providers, Police, Youth Offending Teams, and Public Health colleagues in drafting a statement of readiness to implement the recommendations in *Future in Mind*
- Engagement with children and young people through the Discover! programme, Rock Challenge and meeting with the North Yorkshire Youth Council
- Engagement with schools, both head teachers and SENCOs
- Engagement through Discover! programme with a broad range of stakeholders including voluntary sector, young people and their families, Army Welfare, Department of Work and Pensions.

The outcome of the preliminary work was twofold; first to envision the future service:

By 2020, we will work together and share resources across North Yorkshire and York to make sure that children and young people...

- *Grow up confident and resilient and are able to achieve their goals and ambitions*
- *Can find help easily when they need it*
- *Receive help that meets their needs as individuals in a timely way*
- *Are fully involved in deciding on their support and more broadly how services are delivered and organised.*

Second was the identification of three priority areas for investment, in addition to the priority themes published by NHS England:

1. Prevention, promotion and early intervention
2. A system without tiers: easy access to appropriate help
3. Care for the most vulnerable children and young people

These themes are being worked into action plans that will deliver significant new levels of support for children and young people and those who work with them. All

are keen to ensure this excellent new opportunity builds both on existing strategic priorities as expressed in Young and Yorkshire but also as a consequence results in new provision closely aligned with work to enhance the local integration and alignment of key services.

The future monitoring of the Transformation Plans will be through NHS England, and the Health and Well-Being Board.

5. TIMETABLE

The Transformation Plan must be submitted to NHS England for assurance by 16 October 2015. Whilst the Plan content is determined locally to meet local circumstances and needs, it must meet an assurance framework designed by NHS England.

The Plan must be signed off by the CCGs, Local Authority partners and the Health and Well-Being Boards.

The schedule of meetings means that it is not viable to present plans to the Board prior to submission to NHS England. This report recommends a delegation to the Chair to sign off the Plan on behalf of the Board, with a full report to the meeting on 27 November.

6. Conclusion

Future in Mind offers the opportunity for a fresh approach for responding to the basic need of children and young people for good mental health and emotional well-being.

Within tight timescales considerable work has been undertaken to prepare for a Transformation Plan for submission on 16 October, which will allow the development of significant new services and working methodologies.

7. Recommendation

The Board is asked to:

- Note the report
- Delegate to the Chair, in consultation with the CCG appointed representative authority to sign off the Transformation Plan prior to its submission to NHS England on 16 October 2015